

### **What Others are Saying about *The Bare Soul ...***

“Rick inspired me in the truest sense of the word. As a new barefoot runner in the days when almost no one did such a thing, I was understandably apprehensive of what others might say or think as they beheld me careening sans shoes down the street. Through his web presence – and foot-printed t-shirt – Barefoot Rick gave me the confidence to keep running on my naked feet.

Now, Rick inspires me to run again in a race infinitely more important. The words in this cheerful book will encourage you to keep your eyes fixed on the prize – Jesus, the author and finisher of our faith – and to run as to win the race. So open your heart, take off your shoes and prepare to stand on holy ground.”

Daniel Howell (The Barefoot Professor), author of *The Barefoot Book: 50 Great Reasons To Kick Off Your Shoes*.